

Initial number

CONFIDENTIAL

DAY

MONTH

YEAR

Today's date

Urinary symptoms

Many people experience urinary symptoms some of the time. We are trying to find out how many people experience urinary symptoms, and how much they bother them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the PAST FOUR WEEKS.

1. Please write in your date of birth:

DAY

MONTH

YEAR

2a. How often do you pass urine during the day?

one to six times 0

seven to eight times 1

nine to ten times 2

eleven to twelve times 3

thirteen or more times 4

2b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

3a. During the night, how many times do you have to get up to urinate, on average?

none 0

one 1

two 2

three 3

four or more 4

3b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

4a. Do you have a sudden need to rush to the toilet to urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

4b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

5a. Does urine leak before you can get to the toilet?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

5b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

6a. Do you have pain in your bladder?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

6b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

7a. How often do you leak urine?

- never 0
- once or less per week 1
- two to three times per week 2
- once per day 3
- several times per day 4

7b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

- 0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

8a. Does urine leak when you are physically active, exert yourself, cough or sneeze?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

8b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

- 0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

9a. Do you ever leak urine for no obvious reason and without feeling that you want to go?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

9b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

- 0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

10. How much urinary leakage occurs?

- no leakage 0
- drops/pants damp 1
- dribble/pants wet 2
- floods, soaking through to outer clothing 3
- floods, running down legs or onto floor 4

11a. Is there a delay before you can start to urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

11b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

12a. Do you have to strain to start urinating?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

12b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

13a. Do you stop and start more than once while you urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

13b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

14a. Do you leak urine when you are asleep?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

14b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

15a. Would you say that the strength of your urinary stream is...

- not reduced 0
- reduced a little 1
- quite reduced 2
- reduced a great deal 3
- no stream 4

15b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

16. Have you ever blocked up completely so that you could not urinate at all and had to have a catheter to drain the bladder?

- no 0
- yes, once 1
- yes, twice 2
- yes, more than twice 3

17a. Do you have a burning feeling when you urinate?

- never 0
- occasionally 1
- sometimes 2
- most of the time 3
- all of the time 4

17b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

18a. How often do you feel that your bladder has not emptied properly after you have urinated?

never 0

occasionally 1

sometimes 2

most of the time 3

all of the time 4

18b. How much does this bother you?

Please ring a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

19. Can you stop the flow of urine if you try while you are urinating?

yes, easily 0

yes, with difficulty 1

no, cannot stop it flowing 2

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Thank you very much for answering these questions.

SAMPLE